

| WEEK 3 | CELERY | CEREALS CONT. GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR DIOXIDE | CONTAINS PORK | CONTAINS PEPPERS |
|--------------------------|---------------|----------------------|-------------|------|------|-------|------|----------|---------|------|---------|--------|------|-----------------|---------------|------------------|
| | MONDAY | | | | | | | | | | | | | | | |
| Sausage | | C | | | | | | | | | | | | | C | C |
| Vegan Sausage | | C | | | | | | | | | | | C | | | |
| Mash | | | | | | | C | | | | | | C | | | |
| Gravy | | | | | | | | | | | | | | | | |
| Fruit Flapjack | | C | | | | | C | | | | | | C | C | | |
| | | | | | | | | | | | | | | | | |
| TUESDAY | | | | | | | | | | | | | | | | |
| Macaroni Cheese & Bacon | | C | | | | | C | | M | | | | | | | C |
| Macaroni Cheese | | C | | | | | C | | M | | | | | | | |
| Garlic Bread | | C | | | | | M | | | | | | M | | | |
| Fruit Jelly | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| WEDNESDAY | | | | | | | | | | | | | | | | |
| Pepperoni Pizza | | C | | | | | C | | | | | | | | | C |
| Cheese & Pineapple Pizza | | C | | | | | C | | | | | | | | | |
| Wedges | | | | | | | | | | | | | | | | |
| Swiss Roll | | C | C | | | | C | | | | | | | C | | |
| | | | | | | | | | | | | | | | | |
| THURSDAY | | | | | | | | | | | | | | | | |
| Roast Beef | | | | | | | | | | | | | | | | |
| Yorkshire Pudding | | C | C | | | | C | | | | | | | | | |
| Stuffed Pepper | | M | | | | | | | | | | | | | | C |
| Roast Potatoes | | | | | | | C | | | | | | | | | |
| | | | | | | | | | | | | | | | | |
| FRIDAY | | | | | | | | | | | | | | | | |
| Fish Fingers | | C | | | C | | | | | | | | | | | |
| Fishless Fingers | | C | | | | | | | | | | | | | | |
| Chips | | | | | | | | | | | | | | | | |
| Carrot Cake | | C | C | | | | C | | | | | | | C | | |
| | | | | | | | | | | | | | | | | |
| DAILY | | | | | | | | | | | | | | | | |
| BBQ Sausage | | C | | | | | | | | | | | | C | | |
| Grated Cheese | | | | | | | C | | | | | | | | | |
| Yoghurt | | | | | | | C | | M | M | | | | | | |

C= Contains
M= May contain