# Weyco Kitchen Hot School Meals

### Spring Term 2025 School Lunch Menu

Remember - orders to Weymouth College need to be received by Sunday for the following week (8 Days in advance) so any changes made after this time will not be sent

#### **FREE School Lunches**

If your child is in Reception, Year 1 and Year 2 school lunches are FREE

If your child is in Years 3, 4, 5 or 6 they may be entitled to a free school lunch if you are in receipt of certain benefits

Please speak to the school office for further information or visit the Dorset Council website at www.dorsetcouncil.gov.uk/home.aspx to apply

- 1. Please note that we use low fat, low/reduced sugar, low salt ingredients where possible in items such as custard, mayonnaise and baked beans etc.
- 2. We use local butchers, bakers, fruit, vegetable and dairy suppliers within the Dorset area.
- 3. Many items on the menu include high quantities of items such as chickpeas, lentils and fresh vegetables that are not visible on the menu.
- 4. Whilst we try our hardest to be as accurate with allergens information as possible, we cannot guarantee to be 100% accurate.
- 5. If your child has allergies or dietary requirements please contact the school office.
- 6. Weyco Services do not consider butchered meat products from the Fantastic Sausage Factory in Weymouth as processed foods.
- 7. The menu is school food plan compliant.

Tel: 01305 771289, Email: finance@conifers.dorset.sch.uk

Chocolate Mousse

Fruit Pieces,

Yoghurt or

Combination

Fruit Salad

Fruit Pieces,

Yoghurt or

Combination

Crumble

Fruit Pieces,

Yoghurt or

Combination

Gingerbread

Fruit Pieces,

Yoghurt or

Combination

**Berry Compote** 

Fruit Pieces,

Yoghurt or

Combination

	Menu Week 3 - Weeks Beginning 20th January & 10th March				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage & Mash with Gravy	Macaroni Cheese with Bacon & Garlic Bread	Pepperoni Pizza with Wedges	Roast Beef with Yorkshire Pudding & Roast Potatoes	Fish Fingers & Chips
Vegetarian	Quorn Vegetarian Sausage & Mash with Gravy	Macaroni Cheese & Garlic Bread	Cheese & Pineapple Pizza with Wedges	Stuffed Pepper with Yorkshire Pudding & Roast Potatoes	Quorn Fishless Fingers & Chips
Side Dish	Peas	Carrot Sticks & Cucumber	Side Salad	Carrots & Cauliflower	Peas & Sweetcorn
Jacket Potato	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese	BBQ Sausage & Grated Cheese
Sweet	Fruit Flapjack	Fruit Jelly	Swiss Roll	Fruit Salad	Carrot Cake
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination
	Menu Week 4 - Weeks beginning 27th January & 17th March				
	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Chicken Nuggets & Wedges	Beef Spaghetti Bolognaise with Garlic	Sticky BBQ Chicken Thigh	Gammon Slice with New Potatoes	Fish Cake & Chips
Vegetarian	Vegan Nuggets & Wedges	Quorn Spaghetti Bolognaise with Garlic	Sticky BBQ Quorn Fillet	Mushroom Crumble with New Potatoes	Veggie Bake & Chips
Side Dish	Baked Beans	Cucumber Sticks	Vegetable Rice	Carrots & Green Beans	Peas
Jacket Potato	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Tuna Mayo & Grated Cheese	Seafood Mayo & Grated Cheese
Sweet	Chocolate Crispie	Oatmeal & Raisin Cookie	Apple Crumble & Custard	Fruit Salad	Marmalade Sponge
Alternative Sweet	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination	Fruit Pieces, Yoghurt or Combination

# **Fruity Friends**

#### **Lunch Box Menu**

#### **Alphie**

Lunch

Nut free

White Ham Sandwich

Red Apple

Mini Muffin

Fruit Yoghurt

Water

#### Bertie

Lunch

Nut free

Tuna Mayonnaise Wrap

Pear

Popcorn

**Babybel Cheese** 

Water

#### Charlie

Lunch

Vegetarian & nut free

Grated Mild Cheddar in a Brown Roll

Red Apple

Shortbread

Fruit Yoghurt

Water

#### **Dannie**

Lunch

Nut free, vegan, dairy free, gluten free & vegetarian

Houmous with Vegetable Sticks

Banana

**Dried Fruit & Raisins** 

Fruit Jelly

Water

Drinks and School Trips - We currently provide water on the lunchtime table and find the packed lunch drinks are a little excessive for small children and damaging to the environment.

We have decided not to put them in years Reception, 1 and 2 packed lunches. We would like to continue as we are for years 3 and above and will keep the drinks in for school trips etc. If your child is due on a school trip their meal will change automatically to packed lunch "C".

## **Mexican Theme Day**

Thursday 20th March

Chicken Fajita with Rice & Tortilla Bread Quorn & Pepper Fajita with Rice & Tortilla Bread Churros with Chocolate Dipping Sauce

Cost - Meals are priced at £2.50
Payment must be made in advance of any orders, they can be made weekly or in full via SCOpay.

If your child is absent the money cannot be refunded for meals that have already been ordered

with the College as the school will be charged for them.

Changes or cancellations can be made in advance online.

## DTA

**Dorset Training Academy** 

The Dorset Training Academy at Weymouth College deliver a range of comprehensive industry focussed short courses including First Aid, Food Safety, British Sign Language and Mental Health First Aid.

To find out more visit our website www.weymouth.ac.uk/ subjects/professional-courses

Email dta@weymouth.ac.uk or call us on 01305 764748.