

| WEEK 4 | CELERY | CEREALS CONT. GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | NUTS | PEANUTS | SESAME | SOYA | SULPHUR DIOXIDE | CONTAINS PORK | CONTAINS PEPPERS |
|---------------------------|---------------|----------------------|-------------|------|------|-------|------|----------|---------|------|---------|--------|------|-----------------|---------------|------------------|
| | MONDAY | | | | | | | | | | | | | | | |
| Breaded Chicken Nuggets | | C | | | | | | | | | | | | | | |
| Vegan Nugget | | C | | | | | | | C | | | | C | | | |
| Wedges | | | | | | | | | | | | | | | | |
| Chocolate Crispie | | C | | | | | C | | | | | | C | | | |
| TUESDAY | | | | | | | | | | | | | | | | |
| Beef Spaghetti Bolognese | | C | | | | | C | | | | | | | | | |
| Quorn Spaghetti Bolognese | | C | | C | | | C | | | | | | | | | |
| Garlic Bread | | C | | | | | M | | | | | | M | | | |
| Oatmeal & Rasin Cookie | | C | | M | | | C | | | M | | | M | | | |
| WEDNESDAY | | | | | | | | | | | | | | | | |
| Sticky BBQ Chicken Thigh | | | | | | | | | | | | | | | | M |
| Sticky BBQ Quorn | | C | | | | | | | | | | | | | | M |
| Vegetable Rice | | | | | | | | | | | | | | | | M |
| Apple Crumble & Custard | | C | | M | | | C | | | | | | M | | | |
| THURSDAY | | | | | | | | | | | | | | | | |
| Gammon Slice | | | | | | | | | | | | | | | | C |
| Mushroom Crumble | | C | | | | | C | | | | | | | | | |
| FRIDAY | | | | | | | | | | | | | | | | |
| Fish Cake | | C | | | C | | C | | C | | | | | | | |
| Veggie Bake | M | C | | C | | | C | | | | | | | | | M |
| Chips | | | | | | | | | | | | | | | | |
| Marmalade Sponge | | C | | C | | | C | | | | | | | | | |
| DAILY | | | | | | | | | | | | | | | | |
| Grated Cheese | | | | | | | C | | | | | | | | | |
| Seafood Mayonaise | | | C | C | C | | | | | | | | | | | |
| Tuna Mayo | | | | C | C | | | | C | | | | | | | |
| Yoghurt | | | | | | | C | | | M | M | | | | | |

C = Contains

M = May contain