





Personal Development at Conifers Primary School: Relationship and Health Education

At Conifers Primary School, we value the Personal Development of ALL children and work hard to embed Relationship and Health Education through our curriculum. Children at Conifers develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain.

We encourage all children to play a positive role in contributing to school life and the wider community through educational visits, school councils, fundraising events, sporting events, extracurricular clubs, supporting nominated charities and involvement in community activities. ALL children are able to complete the Conifers Citizenship Award.

Golden Threads

These Golden threads apply across all year groups (EYFS-Year 6) and should be implemented alongside the national curriculum objectives, the whole school THRIVE approach, RRS and the school values of LEARN - **Listen, Engage, Ask Questions, Respond and Never Give Up.**

 Friendship, Family and Relationships	 Health and Wellbeing	 Living in the wider world	 Being safe on and offline
<ul style="list-style-type: none"> • Anti-Bullying Awareness • Use of the THRIVE approach • Family Liaison and Pastoral/Family Workers • ELSA Team & THRIVE Practitioners 	<ul style="list-style-type: none"> • Sex Education lessons • Drugs and alcohol lessons • Fire Safety visits from Dorset and Wiltshire Fire and Rescue • Water safety lessons from RNLI and Weymouth Swimming Pool • Bikeability sessions • First Aid • Teeth, Body and Healthy Heart lessons • THRIVE approach – wellbeing • Visits from Escapeline • Visits from the MHST • Sport events and House days 	<ul style="list-style-type: none"> • Aspirations and Career Days • RRS focus days and links in the curriculum • Global Learning links in the curriculum • Team Days • School Council • School trips • Year 4 and Year 6 residential • Diversity Days (LGBTQI) • Multicultural Team Days 	<ul style="list-style-type: none"> • Computing Curriculum • Online Safety Days • Safeguarding culture in the school • Worry boxes and feelings check in boards • Police visits and links with the Safer Schools Team • Anti-Bullying Awareness • NSPCC visits