

WEEK 1	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE	PORK	PEPPERS
MONDAY																
Beef Burger		C							C				C	C		
Veggie Burger		C		C			C						C			
Wedges																
Fruit Flapjack		C					C						C	C		
TUESDAY																
Beef Bolognese																M
Quorn Bolognese		C		C												M
Spaghetti		C														
Garic Bread		C					M						M			
WEDNESDAY																
Spanish Chicken & Chorizo														C	C	C
Spanish Quorn & Peppers		C														C
Vegetable Rice																
Blueberry Muffin		C		C			C			M			M			
THURSDAY																
Roast Pork															C	
Stuffed Pepper	M															C
Roast Potatoes																
FRIDAY																
Breaded Fish Fillet		C			C											
Quorn Bake		C		C			C									
Chips																
Jam Sponge		C		C			C									
DAILY																
Grated Cheese							C									
Baked Beans																
Fruit Pieces																
Yoghurt							C			M	M					

C= Contains

M= May contain